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The Cause of Obesity: The Wrong Call

Three weeks ago, I wrote about the improbable finish to the game between Michigan State and Michigan; the point was that nothing is over until it's over. Hard to believe that 21 days later, a similar finish went the other way for the Spartans. There was one big difference: the final score was aided by the wrong judgment call by an official. Would it have changed the outcome of the game? Hard to say because Nebraska was on a roll. But a judgment call determined the outcome.



In the official's opinion, an MSU player contacted the Nebraska player, causing him to go out of bounds. The replay clearly showed the Nebraska player going around the MSU player and going out of bounds on his own power. Based on the angle of the official making the call, he couldn't see if contact was made; he saw the MSU player back up and the Nebraska player go around. It probably looked like contact, but the replay didn't support what the official thought he saw. But that's part of the game. His call stood and the game is history.

If I were to ask you whether fast food was one of the causes of obesity in the U.S., you would undoubtedly say yes. As fast-food restaurants increased, so did the rate of obesity. High fat. Highly refined carbohydrates. Cheap. Just like the play in the game, that's a judgment call because it just seems so obvious. But is it the correct call? We'll take a look at a new study this week.

What are you prepared to do today?

Dr. Chet

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