



October 20, 2015 – Grand Rapids, MI

It's Not Over...

Stunned silence. That's what happened to almost 110,000 people Saturday night. Why? Because they witnessed the improbable, some would say close to the impossible. If you watch any news or read about it on the Internet, you know a University of Michigan player made only one mistake in the game against Michigan State. MSU took advantage of it and scored the winning touchdown with no time left on the clock.



I did not see it live; I was in the Detroit airport getting to my connecting flight. But even there, people simply did not believe what they saw. There were a lot of Michigan fans on the flight; it was the quietest plane ride back to Grand Rapids I've ever had. You know I'm a Spartan, so I was happy.

But that's not the point of this story. The point is that it's not over until it's over. We hear that again and again. Do we really believe it? I got an email from a woman I've known for several years on Friday, updating me on her condition. If you think a football game can be inspirational, I'll talk about her story the rest of the week. You will believe that it's really not over until it's over.

What are you prepared to do today?

Dr. Chet

WGUV FM 88.5/95.3 **npr** **Straight Talk on Health**

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