X-Ray Vision

As I continue to research the omega-3 and prostate cancer issue, I thought it might be informative for you to see Paula’s new hip via the X-ray. This is one time when looking at a woman’s hips won’t get you in trouble.

As you can see, a significant amount of bone marrow has been replaced by titanium; that’s why she’s added an iron supplement to her daily routine and we’re going to keep an eye on her blood cell count.

Some of you may remember that four-and-a-half years ago, Paula had five screws inserted in her left foot to stabilize the bones of her mid-foot. Now we can’t wait until October when we fly together next—will she make it through the airport metal detector? I’ll let you know on Facebook.

Remember, the Supplements Made Simple webinar is being held twice on Monday. I’ll talk about the omega-3 research because it’s something I believe in strongly. I’ll cover it in upcoming messages, but as I said the Thursday, I talk faster than I type—and based on what I’ve found so far, I’ll have a lot to talk about.

What are you prepared to do today?

Dr. Chet

WGVU

Straight Talk on Health

Hear Dr. Chet’s take on the latest health news and research—listen to Straight Talk on Health at 7 p.m. Sunday in the Eastern Time Zone on WGVU-FM 88.5 or 95.3, or listen live via the Internet by going to www.wgvu.org/wgvunews and clicking on “Listen Live” at the top.

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